Happy New Year!

We said good-bye to 2018 and welcomed in another New Year! Hopefully, the holiday season was a good one for all and that you were able to spend time with family and friends. As we leave the holiday madness behind, let’s move forward into 2019 with renewed optimism for a productive and prosperous year ahead.

New Year, new look? We would like to take this time to remind you that there are still a limited amount of funds remaining in the Community Beautification Grant Program. These funds are available for both residential and commercial properties. This is a dollar-for-dollar matching grant with a maximum of $1,000; funds are on a first-come, first-served basis until the allotment is depleted. Only projects that are prominently visible to the community will be considered. Funds are intended for lasting improvements to the community. More permanent improvements (such as hardy wood siding) will be considered more favorably than short-lived projects that may not be as permanent (like landscaping).

Applications can be obtained at Town Hall, M-F, 8am-5pm. Please contact Town Planner, Brian Elgort, at (704) 889-0504 or BElgort@pinevillenc.gov with any questions you may have.

January usually signals the start of budget planning for the upcoming fiscal year and this year is no different. Your Council Members work very hard to ensure your tax dollars are spent wisely while continuing to provide the programs and services that are important to our community as well as protect and serve our citizens in the best way possible. There will always be hurdles to overcome but there will always be a dedicated group of individuals working diligently to overcome them.

Cheers and all the best for 2019!

Welcome Newbies:

ERIC CHAPMAN
Maintenance Worker I/Public Works

DYLAN BARBER
Maintenance Worker I/Public Works
Storm Water News

Storm Drain Marking Kits Available
Did you know that water that enters the storm drain goes straight into the nearest stream? There is no filtration process associated with the storm drain system. Whenever it rains, the storm water will carry litter, grass clippings, fertilizers, dog waste and other loose debris with it into the nearest storm drain, and then on to the nearest stream.

Therefore, it is important to properly dispose of items in your yard. Charlotte-Mecklenburg Storm Water Services (CMSWS) has storm drain markers or decals that citizens can glue on storm drains to educate others about the storm drain system. These markers say, “This Drain Is Only for Rain. Do Not Dump – Drains to Creek.”

You can call 3-1-1 and request to have a storm drain marking kit mailed to you. This kit will come with 12 markers, adhesive, gloves, a safety vest, and a datasheet so you can mark your neighborhood or the drains at your work.

Once you are done with your storm drain marking project, you will email or mail your datasheet back to CMSWS, so we can update our online coverage map that shows which streets throughout the county have been marked. The goal is to have every drain in the county marked. Help us minimize surface water pollution in our waterways!

The NC Housing Finance Agency is funding the 2019 URGENT REPAIR PROGRAM

The NC Housing Finance Agency announced that it was making a total of $4.5 million available for the 2019 Urgent Repair Program (URP19). Our Urgent Repair Program (URP) finances emergency home repairs that threaten your life or safety, such as failing septic systems, dangerous heating systems or rotten floors. The program can also pay for accessibility modifications that allow you to remain in your home after an injury or serious illness.

Program funding enables recipient organizations to provide deferred, forgiven loans of up to $10,000 for emergency home repairs and modifications to very low-income, owner-occupied homes. Eligible households are those with one or more full-time household members with special needs (e.g., elderly, disabled, and/or Veteran full-time household members or a child 6 or under with an elevated blood-lead level). Household incomes cannot exceed 50% of area median income.

Application forms and guidelines will be available on the Agency’s website at www.nchfa.com after November 27, 2018. Completed applications must be received at the Agency by 5:00 PM January 28, 2019. For more information, please call Mike Handley, 919-877-5627, Chuck Dopier, 919-981-5008, Donna Coleman, 919-981-5006, Kim Hargrove, 919-877-5682, or Dan McFarland, 919-875-3753.

SENIOR NEWS

The menu for a happy and successful life after 60 includes food, fun and fellowship with others.

THE SENIOR CITIZENS NUTRITION PROGRAM, (SCNP)
OFFERS A NUTRITIONALLY BALANCED MEAL DAILY!

We offer a variety of choices to satisfy everyone’s palatable pleasure. Items on the menu include trips, socializing with friends and neighbors, exercise, nutrition education programs, arts and crafts and Senior Games.

Come join us at the Belle Johnston Center, 1000 Johnston Drive • Pineville, NC 28134

Monday-Friday from 9am to 2pm.
Check us out and let’s do lunch!

For more information about the program call Shelia Douglas at 704-889-7444.
This is one of the many programs that Mecklenburg County Department of Social Services offers senior adults throughout the community.
ATTENTION PINEVILLE RESIDENTS:

Attention Pineville Residents: If you live within the city limits of Pineville and pay your taxes to Pineville, then you may use the Belle Johnston Community Center for FREE (fitness equipment, track, and basketball court). But first you need to get your resident card made. We will need proof of residency in the form of a photo ID with current address and a recent bill (ex. gas, electric, telephone). You will have to renew your card every year.

It's that time of the year when most of us want to start the New Year with a fresh and clean slate. Every year, millions of people across the globe set New Year resolutions with the hope of bringing a positive change in their life. For those looking to improve their health, the start of a new year is the perfect time to give up some of our unhealthy habits and adopt a healthier lifestyle. Pineville Parks and Recreation offers citizens endless opportunities to achieve your fitness and wellness goals at our indoor/outdoor walking tracks, playgrounds, gym, fitness room, fitness classes, athletic fields, and more. For more information on our health and fitness opportunities check out our website www.townofpineville.gov or call 704-889-2400.

PPR NEW YEAR, NEW YOU HEALTH TIPS: Get Sufficient Sleep - This is the most obvious, yet often ignored, health tip. Most of us need nearly eight hours of sleep every night, yet so many of us neglect this basic need of our body. Drink Enough Water - This is another simple, yet oft-neglected, health tip. Dehydration can lead to various illnesses such as diabetes, damage to kidneys, chronic pain, and can even lead to mood disruptions. Take Control of Your Diet - This New Year, resolve to eat as much healthy food as you can. Minimize your intake of sugar-rich foods like colas, cookies, ketchup and ice cream.

FITNESS EQUIPMENT & INDOOR WALKING TRACK HOURS:

Attention: We will be opening at 6:00am on Mondays, Wednesdays & Fridays during the cold Winter Months (Nov. - March). Too cold to walk outside? Come in the Community Center to use our tread mills or indoor track.

Check out our updated weight room!
Mon./Wed./Fri. 6:00am-9:45pm
Tue./Thur. 8:00am-9:45pm
Sat. 8:00am-5:45pm • Sun. 1:00pm-5:45pm

OPEN GYM

Residents may bring guests during open gym hours (check website or call community center). The fee is $5.00 per guest. Residents are responsible for the conduct of their guests and will be disciplined according to previously established park guidelines.

NEW FITNESS PROGRAM – MOVE MORE PINEVILLE

What is Move More Pineville? Move More Pineville is an exercise incentive program for the Pineville community. Move More Pineville is open to anyone regardless of their physical activity level. The program is self-monitored which means that you will exercise at your convenience. You must be a Pineville Resident to participate.

Many experts believe that as little as 30 minutes a day of moderate physical activity can reduce your risk of a heart attack or stroke, and enhance your overall quality of life. Complete a Move More Pineville log sheet found at www.pinevillenc.gov (Parks & Rec/Belle Johnston Community Center/Fitness Programs) or pick one up at the Belle Johnston Community Center and record 15 or more hours of physical activity in a month. Turn the log sheet in to Pineville Parks and Recreation at the Belle Johnston Community Center (1000 Johnston Dr. Pineville, N.C. 28134) by the 5th of the following month. Your name will be entered into the monthly prize drawing for a Gift Basket!

EARLY BIRDS - Come work out at the community center on Mon/Wed/Fri between 6am & 8am and you will get a free gift (1 gift per person). Regular physical activity can improve health and reduce risk of premature death in many ways.

- Reduces risk of heart disease and stroke
- Lowers blood pressure and increases cardiovascular endurance
- Helps people achieve and maintain a healthy body weight
- Builds healthy bones, muscles and joints
- Helps older adults become stronger and able to move without failing

There are 1,440 minutes every day...schedule 30 minutes for physical activity.
- Park the car further away from you destination
- Play with children or pets
- Take fitness breaks - walking or doing desk exercises instead of a coffee or cigarette break
- Exercise with friends

To begin in Move More Pineville, all you need to do is begin exercising. You may walk, run, dance, etc. See the long list of activities that qualify below. You record the amount of time you exercise each day in minutes. For example, you walked 15 minutes on Monday and on Saturday you rode your bike for 30 minutes. Simply log your times on the log sheet.

ACTIVITIES FOR MOVE MORE PINEVILLE

Any activity that increases your heart rate and you would consider moderate to heavy activity will count towards total hours. The following are some examples of physical activity for Move More Pineville.

Walking  Running  Cycling
Tennis  Basketball  Soccer
Lifting Weights  Dancing  Martial Arts
Fitness Classes  Swimming  Yard Work
Hiking  Canoeing  Chopping Wood
Playground Activity  Skating  Mowing Grass (Push Mower)

*A Note of Caution - Before beginning any exercise program, it is important to check with your physician
Our Group Fitness classes are a great way to get a work out in while meeting new people.

**PINEVILLE'S BOOTCAMP**

Our 55-minute sessions include a dynamic warm-up, workout, metabolic meltdown finisher, then a cool-down, and stretching period. This program has been proven to be the most effective training time for fat loss and building strength for men and women. Each participant works out at their own pace within the group. Pineville's Bootcamp instructor, Audrey Patton is a nationally certified personal trainer who will keep it fun and challenging while making modifications for individuals which makes the training more personalized.

Each training day, or workout, includes a run or cardio component, a resistance or strength-training component and a core-training component. Each component is designed to focus on speed, agility, power, strength, or endurance. Many of the exercises rely on body weight, but we also utilize equipment such as dumbbells, resistance bands, agility ladders, a partner's body weight, and other natural and man-made aspects of the park like stairs, benches, hills and the parking lot.

Our training weeks are designed so that there is minimal overlap in training different muscle groups. This allows for greater recovery and a highly efficient approach to achieving balanced, total-body fitness.

Moving through each 4-week session, we gradually increase the training intensity and volume to keep up with your body as it adapts to the training, ensuring that you’ll receive the most out of every week you train.

This is a year-round program that delivers results while keeping it challenging, safe, sustainable, interesting, and fun for participants.

**Location:** Lake Park – 1000 Johnston Dr., Pineville

**Days/Time:** Mon./Wed./Fri. 5:15am-6:15am or Tuesday/Thursday 8:15-9:15am and 5:15-6:15pm

**FIRST WEEK FREE /Cost:** Single Rate: $12 per class/ Weekly Rate: $30 / Monthly Rate: $99

Cancellation notice must be given 12 hours in advance in order not to get charged for missed class

Audrey Patton – 904-982-0383 – email: pinevillebootcamp@yahoo.com

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**CARDIO FUNK WITH LEM HOUSTON!**

Where: Belle Johnston Community Center Gym

When: Tuesdays from 6:30pm-7:30pm

Cost: $5 drop-in

When in Doubt, Shake it out!!! Cardio Funk is a high energy Hip Hop dance fitness class that is mixed with a lot of Funk. Within minutes of dancing, you will feel yourself laughing and having tons of fun. It’s more than a workout; it’s an experience of a lifetime. Cardio Funk is a cardiovascular fitness class that also tones and firms your muscles. It will target areas such as the lower body, upper body, and core. You will have such a great time dancing that you will not realize you are working out. With this class, you will get easy to learn choreographed dances, a combination of fun music, and an enjoyable atmosphere. No dancing experience is required. My favorite slogan is “When in doubt, shake it out. If you don’t get it, make it up”. So if you love to dance and have fun, come join us for a Funky Good Time!

**YOGA CLASSES** at The Hut, 413 Johnston Drive

**MONDAY – INSTRUCTOR: LINDA LASALLE**

5:00PM - 5:25PM – STRENGTH & TONE

This 25 minute exercise class will vary from doing sets, circuits, and/or endurance type exercises using dumbbells, bands, balls, and/or your own body weight. Bring a set of dumbbells or borrow a set of ours and join us for some fun while sculpting and maintaining your muscle.

5:30PM - 6:15PM – INTEGRATED HATHA YOGA

Ideal for the beginner to the intermediate student. It will incorporate some Tai Chi along with some Restorative and Fit moves. Bring your mat or use one of ours and join us for Sun or Moon Salutation.

**THURSDAY – INSTRUCTOR: DR. RACHEL THIEL**

5:00PM - 5:25PM – STRENGTH & TONE

This 25 minute class is structured to activate key muscle groups and stabilize joints for injury prevention...

5:30PM - 6:15PM - SWASTHA YOGA

Each yoga class is designed to balance body & mind. An ideal space for those curious about yoga and anyone interested in balance and flexibility. The instructor will guide you to meet your body where it is without forcing poses beyond your flexibility.

COST: $5 DROP IN FEE

For more info please contact Linda LaSalle at Lindalasalle@rocketmail.com

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**CREATE-A-CLASS**

Do you have a special interest that you would like to share with others in a class?
Do you know someone who can share an interesting subject or craft?
Contact Heather Creech our Recreation Program Coordinator at 704-889-2400.

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Do you know someone who can share an interesting subject or craft?
Contact Heather Creech our Recreation Program Coordinator at 704-889-2400.
SENIOR EXERCISE AT THE HUT
413 Johnston Drive, Pineville
Come and experience an exercise program that will help you continue to be independent. This is an opportunity to meet and make new friends. There are classes that fit your needs, whether it is strength and balance, flexibility, cardio or line dancing—there is a class for you! For a description and schedule of the classes, check out the website: fitseniors.org. The classes are free or discounted for the following Medicare programs: Opium Fitness Advantage, Silver Sneakers, Silver & Fit, Be Well Program (AARP Medicare Supplemental). Not to worry if you are not a member of the above programs, the fee is $5/day. Come out and join the fun while continuing your life journey for good health. Should you have additional questions contact Lorraine Haynes at 678-575-0152.

PICKLEBALL AT THE BJCC GYM
Pineville Parks and Recreation offers FREE Open Gym Pickleball
Ages 12 and Up! BEGINNERS ARE WELCOME!!!
Instruction is available.
Mondays: 9:00am – 12:00pm
Wednesdays: 12:30pm – 2:30pm
Fridays: 9:00am – 12:00pm
Equipment is provided but you may bring your own as well!! You must sign up to play at this website. Limited to 14 players per day.
www.SignUpGenius.com/go/30E0A4BAEA62A0FB6open

COOKING CLASSES
“To create a unique experience, space will be limited to 16 participants...register soon!”
Call Chef Ross Purple today @ 704-995-6864 or email Ross@ChefPurple.com to secure your spots.
Follow us on: Facebook, Instagram & Twitter: @ChefRossPurple

CLEAN EATING 101
Jan. 8th - (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Paleo, Keto, Whole30...What does it all mean?!?! It’s actually all quite simple when we focus on the food we eat. Chef Ross will help demystify all of the hype with the latest trends in eating “habits”, “diets” or “lifestyles.” What it really boils down to is actually finding, preparing and cooking real food. Fresh fruits, vegetables and clean proteins.

FOOL PROOF RISOTTO
Jan. 22nd - (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Chef Purple shares some tips while making Risotto that will help you avoid the epic Risotto fail...gummy Risotto! Like so many great dishes, Risotto is a labor of love. Patience is the most important piece of the puzzle! The reason so many people end up with a gummy Risotto is because they lose patience...they add the liquid too quickly...it’s the intermittent addition of the broth that releases the starch from the rice and the result is creamy Risotto!

ELEGANT VALENTINE’S MENU
Feb. 5th - (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Chef Purple shares with you some amazing Valentine’s Day ideas to inspire you to create a unique and memorable experience for your favorite Valentine! Learn some delectable recipes that will be sure to make your Valentines celebration special!

HOMEMADE PASTA
Feb. 26th – (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Learn a number of different techniques to make FRESH pasta at home! Homemade pasta is so much easier than home cooks realize! Chef Ross will share with you some tips and tricks to help you step up your pasta game! Boiling Spaghetti and heating up frozen meatballs won’t cut it anymore.

ST. PATRICK’S DAY
March 8th - (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Chef Ross throws down some classics with a twist...it’s not your Grandmother’s Corned Beef and Cabbage! Have some fun cooking up some traditional Irish dishes with a personal touch.

SPRING COOKING
March 29th – (5:30-8:30pm)
Cost: Pineville Residents $40
non-residents $45
Chef Ross teaches us some cool ways to spice things up for Spring! We’ll be cooking a lighter healthier menu to inspire us to take full advantage of all the wonderful fresh produce we have access to at our farmers market here in Pineville!
TEEN & ADULT CLASSES

CREATE YOUR OWN UNIQUE BODY CARE ITEM

Were you ever interested in learning more about how to make your own unique natural hand crafted body care? Well, if so you will have your chance! Take a beginner class with Pink Sweet Sugar Cookie Bath & Body. At this beginner class you will learn about Carrier Oils, Essential Oils, along with Fragrance Oils. Everyone attending will create their own product to keep and enjoy or to give as a gift. This show, tell and create class will include product, and packaging. Come make memories with your friends & family. Create your own unique body care for an upcoming Birthday or Valentine’s Day gift. (This class is for adults & young adults, ages 15 & up)

Cost : $35.00 per person
Date & Time: Sunday, January 27th (2:00pm – 3:30pm)
To register please email: pinkmochabody@gmail.com or call 252-220-5041. Register by Jan. 14th
Where: Belle Johnston Community Center
For more info about our product, go to www.pinksweetbodycare.com

INTRO TO ESSENTIAL OILS

Essential Oils are a wonderful way to manage your health and keep you youthful! Come join us for a fun, free, informative, discussion to learn all about essential oils and how to choose and use them safely. Essential oils can help with MANY things, here are a few:

- Relieve stress and anxious feelings
- Improve digestive & respiratory issues
- Slow aging process and lighten wrinkles and scars
- Soothe head and neck tension
- Provide relief to aching muscles and sore joints
- Support weight management and reduce cravings
- Uplift mood and minimize negative thoughts
- Strengthen your immune system
- Sleep and relaxation
- First aid needs
- Cleaning without chemicals

Feel free to invite friends & family.
Register at: www.EssentialOilClasses.info
Date: Tuesday, January 29th at 6:30pm
Register by January 22nd
* Enjoy Essential Oil infused beverages and samples

YOUTH CLASSES AND ACTIVITIES

PRESCHOOL OPEN GYM TIME

For Ages: 5 years old and under
Meet new friends and join the fun at the Belle Johnston Community Center Gym. We will provide plenty of things to play with and climb in, around and over.
Wednesdays from 9:00am – 12:00pm
Come play with us, it’s free! This is a parent supervised activity.

YOUTH FOR CHANGE - DETERMINED DIVAS/GOODFELLAS

We are equipping today’s Youth with the necessary tools to navigate the diverse challenges they face daily. Urban Youth are in crisis, we can no longer afford to treat non-traditional issues with traditional solutions. This program serves youth ages 11-16. During this program the youth play basketball and participate in life skill activities and are always treated to a hearty meal. We meet 1 to 2 times per month at the Belle Johnston Community Center on select Fridays from 5:30pm – 8:00pm.

Program Wish list: Life Navigators- Adults who have overcome obstacles in their own life and are willing to share their story and time. Donations Needed This group runs on sponsors and donations. We feed the group each time they meet, so anything would help. If you would like to donate to this organization, please contact Beverly Jackson at bjacksony4c@gmail.com or make a donation at the community center. Thanks so much! https://www.gofundme.com/youthforchangeNC. Starting in February - Y4C in collaboration with Groundworkz will sponsor a basketball league for youth ages 12-16. The league will also have behavior and academic requirements as well.
Dates: Friday’s – Jan. 4, 25, Feb. 1, 22

RC SAILBOAT CLUB

COME SAIL WITH US - RC SAILBOATS ON PINEVILLE LAKE

You are invited to come and sail a 1 meter Seawind or Dragonflite 95 radio controlled sailboat on Pineville Lake - Sundays, Wednesdays or Saturday mornings from 10 to noon. On Saturdays, we race Seawinds competitively from 10 to noon. We are now developing a Dragonflite 95 class as well. If you have a boat of any class, come by, have a little fun and meet some new friends. If you just want to see if you’ll like the hobby, the Queen City Model Yacht Club has both boats and instructors available to introduce you to a relaxing and fun hobby. If you like it and want to buy a boat, we will be glad to give you the benefit of our experience along with tips on rigging and sailing. If you just want to sail and not compete, you can do that too.
The photos show two Dragonflite 95s, sail numbers 97 and 53. Also shown is a Seawind sail number 67. If you want to just stop by and talk it over, contact Brendan Sullivan (Sully) race director at 1-(914) 715-4296.
PARKS & RECREATION

SPRING YOUTH SOCCER
Kickin’ It in Pineville - Youth Soccer League • Co-Ed Ages: 3-7
Registration: Jan. 3rd – Feb. 22nd. Registration form is available online at www.pinevillenc.gov or at the Belle Johnston Community Center. Register at Belle Johnston Community Center, mail into PO Box 249, Pineville NC, 28134, or email to ehamilton@pinevillenc.gov.
Registration Fee: $50 Pineville resident (must show proof of residency), $75 non-resident. Price includes uniform jersey, shorts, socks, and trophy.
VOLUNTEER COACHES ARE NEEDED FOR EACH TEAM!!!
For more info please email ehamilton@pinevillenc.gov or call 704-889-2400.

SPRING FLAG FOOTBALL
Youth Flag Football League
Co-Ed Ages: 7-11
Registration: Jan. 3rd – Feb. 22nd. Registration form is available online www.pinevillenc.gov or at the Belle Johnston Community Center. Register at Belle Johnston Community Center, mail into PO Box 249, Pineville NC, 28134, or email to ehamilton@pinevillenc.gov.
Registration Fee: $50 Pineville resident (must show proof of residency), $75 non-resident. Price includes uniform jersey, shorts, & socks.
VOLUNTEER COACHES ARE NEEDED FOR EACH TEAM!!!
For more info please email ehamilton@pinevillenc.gov or call 704-889-2400.

FENCING
Mid-South Fencers Charlotte Metro teaches Olympic style fencing in a fun, exciting, and supportive atmosphere specialized in saber. Equipment is included in the class cost. Open fencing will be included afterwards. Classes will be held in the Belle Johnston Community Center Gym.
Session: Thursdays - Jan. 10 (FREE CLASS) Jan. 17 – March 7
Time: 6:15pm – 7:45pm
Ages: 7 – Adult
Cost: 8 weeks - $160.00/ $50.00 discount for a second family member or spouse
Pineville Residents get a 10% discount (with proof of residency)
Classes are taught and led by Mark Lattimore and Marcus Crow. Mark Lattimore grew up in Charlotte and was a NCAA runner-up and two-time All American saber fencer at UNC Chapel Hill. Marcus Crow was a four year varsity fencer at UNC Chapel Hill and a two-time NCAA Championship participant. Both instructors are former assistant coaches with the UNC varsity fencing team.
For more info, please contact Marcus at (704) 207-4321 or visit: http://midsouthfencersclub.org/mid-south-charlotte-metro/

PCAA NEWS
Baseball, Softball & T-Ball – Registration Opens January 1st
Check out our website www.pcaasports.org to register online and for live walk up registration information at the ball fields located by Pineville Elementary School. Don’t delay. Get your child registered today. Evaluations for Baseball February 9th and Softball are February 10th.

Pineville Registration Fees: Pineville municipal residents are eligible for discounted registration fees. These discounts are provided for residents of the municipality of Pineville, so you might have a Pineville address and not be ineligible for these discounts. Please check the map to view the boundaries and determine your eligibility. All Pineville residents must show proof of residency to receive the resident rate and must register in person.

BRIEF DESCRIPTION: Pineville Community Athletic Association (PCAA) offers Cal Ripken and Babe Ruth Baseball and CharMeck Softball. We are currently offering baseball for children ages 4-15 and softball for ages 6-13. We field challenge and all-star teams at all divisions except T-Ball and every division enjoys a post-season tournament (not including T-Ball).

Division Ages Pitching/Hitting Field
T-Ball 4-5 Players hit from tee. Everyone bats every inning. 50' bases
Rookie I / II (Machine Pitch) 6 - 8 5 machine pitches or 3 strikes. No steals 60' bases
Minors 9-10 Player pitch. No balk or lead-offs. 60' bases, 46' mound
Majors/70 11-12 Player pitch. Balks after 1 warning, steal any time. 70' bases, 50' mound
Babe Ruth 15U 13 - 15 Player pitch. Major league baseball rules 90' bases, 60' mound
Girls Softball 6U (NEW!) 6U Coach Pitch/Tee 60' bases
Girls Softball 8U 8U Combination Player/Coach pitch, 8U softball rules. 60' bases
Girls Softball 10U 10U Player pitch, 10U softball rules. 60' bases
Girls Softball 13U 13U Player pitch, 13U softball rules 60' bases

*Baseball League age is the age of your child on January 1, 2019 for the spring season.
*Softball League age is the age of your child on January 1, 2019 for the spring season.

Champions in Motion (980-237-4738) or championsinmotion.org • 704-889-2400.

SELF-DEFENSE/KARATE
Belle Johnston Community Center (1000 Johnston Drive)
Registration & First Class: Wednesday, Feb. 13, 2019
Registration is 15 minutes before class time.
Class: 5:30-6:15pm (New Athletes)
Class: 6:15-7:00pm (Yellow/Green Belts)
Class: 7:00-7:30pm (Specialty Class)
Class: 7:30-8:15pm (Blue Belts and Above)
Class Dates: February 15th – May 29th • Class Duration: 16 weeks
Cost: $10 Registration Fee and $7 per class (paid weekly)

CHEERLEADING
Belle Johnston Community Center (1000 Johnston Drive)
Registration & First Class: Thursday, Feb. 14th, 2019
Registration is 15 minutes before class time.
Class: 5:30-6:15pm (New Athletes)
Class: 6:15-7:00pm (Yellow/Green Belts)
Class: 7:00-7:30pm (Specialty Class)
Class: 7:30-8:15pm (Blue Belts and Above)
Class Dates: February 19th – May 29th • Class Duration: 16 weeks
Cost: $10 Registration Fee and $7 per class (paid weekly)
EXPLORE THE ARTS

PAINTING CLASSES

MASTERPIECES BY YOU – Paint your own masterpiece with instructor Sharon Csiszer. All classes will be held in the craft room. The maximum number of participants will be 10 for each class. Special Winter Pricing: Cost: $10.00 resident of Pineville/ $15.00 non-resident. Please stop by the community center to pay and register for this class. 704-889-2400

We are doing the “Four Seasons” in two classes. 8X10

JANUARY 15TH (1:00pm-3:30pm) Fall and Winter Scenes Register by January 8th
FEBRUARY 19TH (1:00pm-3:30pm) Spring and Summer Scenes Register by February 12th

FIELD TRIPS

Due to popularity of Field trips offered by Pineville Parks & Recreation, we will sign up Pineville residents for the first 2 weeks. If there are any seats left we will then open it up to non-residents. Due to some allergies of other people in the vehicle, please refrain from wearing perfumes/colognes. Thank you!

BMW GUIDED FACTORY TOUR

BMW’s only American factory is a marvel of the blending of modern engineering and design aesthetics. See for yourself how the ultimate driving machine is built during a guided plant tour. Join us on Wed. January 30th. We will leave the community center at 8:00am and return around 3:00pm. We will be stopping for lunch. Cost: $10 – Lunch not included (Limited seating available) Come by the Belle Johnston Community Center to reserve your seat. 704-889-2400

TOUR GUIDELINES:
• Guests 18 and older, must present a picture ID upon arrival for scheduled tour.
• Tour participants must be 12 years of age or older.
• Completely enclosed shoes are required to tour facility. No flip flops, high heels, open toe, open side, or open heel shoes are permitted. You will NOT be permitted on the tour if your shoes do not meet the guidelines. No Exceptions.
• Cameras and camera phones are not permitted. Cell phones must be turned off during the tour.
• Tour participants will walk a distance of 1 to 2 miles depending on the tour route scheduled (either 1 hour or 2 hour tour). We are doing the 1 hour tour.

POTTERY CLASSES

Kids are invited to Pineville Parks and Recreation for FREE Themed Clay Workshops!

WET CLAY CREATIONS fired in the kiln at the Belle Johnston Community Center! These events are limited to the first 20 students (1st-5th grade), per FREE workshop! We supply everything needed but you have to register to attend - no walk ups are accepted due to space restrictions! Please choose only one date per child/children. To register please call 704-618-2222 or email at artsdelivered@gmail.com

SUNDAY'S - FEB. 10TH & APRIL 14TH (2:00pm – 3:30pm)
To register please call 704-618-2222 or email at artsdelivered@gmail.com

HOME SCHOOL CERAMICS/POTTERY/GLaze classes @ Belle Johnston Center!

Join us! Monthly clay classes, Tuesdays 10:00 - 11:30
$70 per 4 week session plus 10% sibling
and/or multi class discounts.
Belle Johnston is located @ 1000 Johnston Dr, Pineville 28134

Kids 7+ hand-build, use pottery wheels & glazes to create FUNctional, seasonal, projects!
Beginners learn while “advanced kids” explore!

FEBRUARY 5, 12, 19, 26
MARCH 5, 12, 19, 26
APRIL 2, 9, 16, 23
APRIL 30 - MAY 7, 14, 21

POTTERY BADGE PROGRAMS FOR TROOPS/INDIVIDUALS

Bring the whole troop or just yourself to learn local clay history, work with wet clay, and earn a pottery badge: Projects include:
Dec. 3rd - Holiday Themes Feb. 2nd - Clay Conversation Hearts March 2nd - Clay Coil Bowls May 1st - Clay Wind Chimes

ALL WORKSHOPS 9:30-10:45 $10 per participant
@ The Belle Johnston Center • 1000 Johnston Dr. • Pineville
Find your link below and Register Today!
JANUARY 11TH – BINGO NIGHT
Join us for a FREE fun filled night of Bingo with the family at the Belle Johnston Community Center. Play not only for fun, but also for the chance to win prizes. Upon arrival each participant will receive one bingo card to use for the night. We will be serving light refreshments as families filter in. Doors open at 6:15pm. Starting at 6:30pm we will begin the first round. This is a great way to spend time with family and friends doing something fun on a Friday night. This event is open to both residents and non-residents, so bring all your family and friends, and join us for a night filled with family fun. Registration is required (limited space available). Sign up today by calling 704-889-2400 or email Heather at hcreech@pinevillenc.gov. This program is for all ages- youth 11 & under must be accompanied by an adult. Friday, January 11th from 6:30pm – 8:30pm/Must register by Jan. 7th

FEBRUARY 15TH – HARRY POTTER TRIVIA NIGHT
Come join us for a Free night of friendly competition, and family fun at the Belle Johnston Community Center. Questions will be based on the movies, not the books. Doors open at 6:15pm. Teams can be 2 – 6 people (open to residents and non-residents). Prizes will be awarded to 1st and 2nd place teams. Registration is required (limited space available). Sign up today by calling 704-889-2400, or email Heather at hcreech@pinevillenc.gov. The age for this event is 8 and over. We will have light refreshments. Dress up as your favorite character and you could be in the running for a prize. Friday, February 15th from 6:30pm – 8:30pm/Must register by Feb. 11th

Pineville Parks & Recreation will offer an 8 week summer camp (June 17th – Aug. 9th) for rising 1st graders thru 12 years old. Camp Hours are 7:30am – 2:30pm, after-camp care from 2:30pm – 6:00pm for an additional fee. Registration for Pineville residents will begin on February 1st, non-residents who’s child attended camp last year can register on Feb. 15th, and non-residents (new camper) on March 1st. Cost: $75.00/ Pineville Resident, $95.00 non-resident (cost includes: 1 field trip, 5 afternoon snacks, and 1 lunch per week). We do offer sibling discounts. After camp care: $30.00/Pineville Resident, $40.00/Non-Resident. Registration forms are available online at www.pinevillenc.gov or at the Belle Johnston Community Center. For more info call 704-889-2400.

PARK ADVISORY BOARD SEEKING NEW MEMBERS
The Parks and Recreation Advisory Board’s mission is to provide representation for the citizens of Pineville in partnership with the Parks and Recreation Department and the Town Council in promoting understanding, appreciation, participation and support for open spaces, parks, recreational opportunities, cultural activities, programs and facilities. The Board meets about 6 times a year on the third Tuesday of the meeting month at 6:30pm. Interested residents should contact Kristy Detwiler or Erin Hamilton at 704-889-2400.
FREE Visual Art & Music Workshop

WHERE | Belle Johnston Community Center
1000 Johnston Dr, Pineville, NC 28134

WHEN | Saturdays 1:00 - 3:00 pm
January 19  February 16
March 16     April 13
May 18

Arts+ will provide a visual art workshop series at the Belle Johnston Community Center with a different project activity each workshop. Live music will be accompany the art making experience throughout the workshop. These two-hour workshop experiences will be intended for families and appropriate for all ages.

Learn more at artsplus.org

CULTURE BLOCKS
a community partnership between

SAVE THE DATE! COMING THIS SPRING
“PAWS IN THE PARK” EVENT!

Charlotte Black Dogs & Pineville Parks and Rec.
Presents:

"Paws in the Park"
FREE Family Event
Saturday, April 6, 2019
10am-3pm
Rain or Shine
Pineville Lake Park
1000 Johnston Drive
Pineville, NC 28134

Our 7th event kicks off at 10am, with a Blessing of the Animals and our fundraiser, “Walk For Paws”.

Over 150 vendors, Dog Rescues and Animal Shelters with dogs available for adoption, Demonstrations, Food Trucks, Kids Playground, "Caution! Blind Driver" on stage all day, "Circus Stella" doing 3 shows, "Captain Jim" doing 3 shows, "Sky High Skylar", Dog Contests at noon with cash prizes and so much more....

For more information: Charlotteblackdogs.com

7th ANNUAL EVENT!
FOR MORE INFO VISIT: charlotteblackdogs.com
Reflecting on 2018

PINEVILLE FALL FEST WINNERS

PIE EATING WINNERS

5-12yrs
ELI HANDSCHUMACHER

13yrs & up
MATT ROBINSON

1ST ANNUAL CHILI COOK-OFF WINNERS

1st Place
JOEY ITURRIAGA

2nd Place & People's Choice
ANDREW WALPOLE

3rd Place
SARAH CHANG

PINEVILLE'S TREE LIGHTING

Even though it rained, we still had lots of Holiday fun in the gym!
Pineville Players Present

Waiting for the Fat Lady to Sing

by Nancy Frick

Author of Four Weddings and an Elvis

Directed by Eva Montes

LOCATION: The Hut, 413 Johnston Drive, Pineville, NC

PERFORMANCE DATES:
February 22, 23 March 1, 2 at 7:30 pm
Sundays February 24 & March 3 at 2:30 pm

TICKETS: $15 PER TICKET / GROUPS OF 12+ WITH ADVANCE PURCHASE $13 PER TICKET

You can purchase tickets through the Belle Johnston Community Center by calling 704-889-2400 (Mon.-Fri. 8am – 5pm) or purchase online at pinevilleplayers.com

NIGHT OF THE SHOW *RESERVED TICKETS: WE DO NOT MAIL OUT HARD TICKETS.
You will check in at the front door of the Hut.
*If paying at the door, we recommend arriving 30 minutes early to purchase tickets at the door.

Like the Pineville Players on Facebook!
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**Trash & Recycle Schedule**

**2019 TRASH & RECYCLE PICKUP SCHEDULE (Jan-June)**

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= Household Trash Pickup Only
= Household Trash & Recycling Pickup

Pickup is delayed by one day during weeks of major holidays
= New Year’s Day, Memorial Day

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The trash schedule above is only good through the end of June. At that time, our current contract with Signature Waste will expire and the town will have to go out for bid for a new contract effective July 1. Since we do not know who that company will be at this time, we can only print the schedule through June. Once the town has made it’s final decision on what trash company they will use, the town will then publish that company’s schedule for the remainder of the fiscal year (July 1, 2019-June 30, 2020). We will do our best to get that information to you as soon as it becomes available. In the meantime, here are some REMINDERS about the current trash pickup.

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**TRASH & RECYCLE REMINDERS**

Two rollout containers are provided to residents: one for household trash and one for recyclables.

Regular household trash is picked up each Wed.; recycling is picked up every other Wednesday except during major holiday weeks — please check schedule at above.

Bulk pickups need to be scheduled directly with Signature Waste. Please call 704-714-9400 to schedule pickup. If you have more trash than exceeds the size of the cart, it’s also a good idea to call it into Signature Waste so they are aware of the larger than normal amount.

Only yard debris generated by the homeowner will be picked up if stacked neatly in small piles at the curb. Contractors doing yard work for homeowners are required to remove the debris they generate. Leaves should be bagged and left curbside for pickup. Please note: depending on how much yard debris/leaves you have, Signature Waste may not be able to collect all of it at one time. The size of their trucks is limited and there are many homes that they collect from, so they can only pick up so much in one week. If they only collect part of your debris, they will collect the rest the following week. Absolutely no construction debris will be picked up.

No TVs, computers or related electronic equipment can be picked up due to state law. Residents must dispose of on your own. These items can be taken directly to the Fox Hole Recycling Center located at 17131 Lancaster Hwy. (704) 341-4962.

Rollout containers should be brought to the curb by 7:00 a.m. on pickup days and must be removed from curb and stored out of sight within 24 hours of pickup.

For more detailed info, please visit our website at: www.pinevillenc.gov then Public Works under Departments Tab, click on Garbage Collection.
January 5 | 12th Night
The Vanishing Holiday: Ron Vinson, Executive Director of the Presbyterian Heritage Center in Montreat, NC, will discuss the origin and prominence of Twelfth Night from its medieval continental origins through Shakespeare’s 1602 play, to observances in the colonial Carolinas.
Hours: 11:00 a.m. - 12:00 p.m.
Admission: Free
Pre-Registration Requested

January 26 | Connect with Culture
Join us for the Arts and Science Council’s annual Connect with Culture day. Our site will feature demonstrators, musicians, crafts, and tours of the historic grounds. Keep an eye on our website, www.jameskpolk.net, for more details coming soon!
Hours: 11:00 a.m. - 2:00 p.m.
Admission: Free

February 16 | President’s Day
This hour-long history program will bring into focus the extraordinary lives of the three presidents born in the Carolinas: James K. Polk, Andrew Jackson, and Andrew Johnson. Join staff members of the President James K. Polk State Historic Site and Andrew Jackson State Park as they explore these influential men in history. This event will begin at 10:00 am and take place at Andrew Jackson State, 196 Andrew Jackson Park Road, Lancaster, SC 29720. For more information visit www.jameskpolk.net or www.southcarolinaparks.com/andrew-jackson
Hours: 10:00 a.m. - 11:00 p.m.
Admission: Free
The Urban Archery season runs from January 12, 2019 to February 17, 2019 this year and is intended to help reduce the urban deer population through increased hunter opportunity. Hunting is by way of bow and arrow only and is allowed in Pineville for 2019. However, the area in which one can hunt is very limited and is on private property. Hunters are legally required to obtain written permission to hunt on private property. For a complete list of rules and application to hunt, please visit the town’s website at: www.pinevillenc.gov

* Urban archery hunting zones are highlighted on the map in green.
* Each zone is 500 feet from any building footprint or street centerline.