WELCOME A NEW YEAR

2021

JANUARY • FEBRUARY • MARCH 2021
THE MANAGER’S MINUTE

I hope everyone had a great Holiday Season! While this year may have looked a little different for each of you, I still hope you got to spend quality time with family and spend some time destressing from the last 10 months. Over the past year the town has finalized the design of some big projects and will be moving them to construction in the upcoming year.

The new Town Hall and Library has been designed and bid out. Town Council held a ceremonial groundbreaking on December 14th to officially kick-off construction. The project is scheduled to be complete in about 18 months with the Library moving in sometime during the Fall of 2022.

The Town was also tentatively notified by NCDOT that the Johnston Road realignment project will receive funding approval in January 2021. This will mean that we can go out for bid and then begin construction of the new road realignment in the Spring of 2021.

Finally, two reports are being finalized in 2020. The Town has a new PARK MASTER PLAN to guide the buildout and programming of our Parks and Recreation amenities over the next 10 years. A mobility plan will also be completed that will provide a roadmap for the construction of multimodal paths to help connect neighborhoods and move citizens around town without needed a car. The town will strategically begin funding these projects in the FY21 Budget.

Our Parks and Recreation Department, most of which was on hold due to the pandemic, was still busy coming up with new and creative ways to provide programs and activities for the community while maintaining safe measures. Their ReCREATE Grab & GO Kits were a big success, along with the Pumpkin Flotilla at Halloween and the drive-thru “Light the Night” Holiday display. Read more about this in the Parks & Recreation Section of Pineville Today.

We bid a fond farewell to long-time Parks & Rec Director, Kristy Detwiler. Kristy retired at the end of the year after dedicating nearly 30 years of service to the Town of Pineville, most of which was spent in the Parks and Recreation Department. That’s a lot of years of hard work putting together programs, activities, festivals and other fun events for the community.

Dedicated, hard-working with a strong work ethic, Karen Bennett, has been with the town’s Finance Department for ten years. She has handled everything from accounts payable to payroll to weathering many financial audits, all yielding positive outcomes, and all while being mindful of spending tax-payer dollars. Karen retired at the end of 2020.

Lastly, Police Chief, Rob Merchant, also retired at the end of 2020. Rob had been with the town since starting as Captain/Assistant Police Chief back in 1998, after which he was promoted to Chief in 2003. From 2003 until 2020, he pulled together and managed a talented group of officers while weathering some very tumultuous times for police departments across the country.

We want to thank each of these employees for their dedication, hard work and often long hours that they have put in here at the Town of Pineville. We wish you much happiness in your retirement!

In the upcoming newsletters I will be writing a small section on current events, projects, and happenings in Town. As we move from 2020 and in to 2021 hopefully things will begin to seem more normal.

Ryan Spitzer, Town Manager
STORM WATER
Charlotte-Mecklenburg has over 3,000 miles of streams. These streams run through neighborhoods, underneath roadways, and along greenways. All these different landscapes make our streams vulnerable to pollution. Leaves and dirt both occur in nature, however when they are added in excess to our waterways, they can have negative impacts on the water quality.
Leaves may have fallen off the trees in Fall, but some of us may still be getting around to removing them from our yards. Leaves and other yard waste can block storm drains, which can cause localized flooding. They can also add organic matter to the waterways that depletes the water quality, making it an unfavorable environment for aquatic animals.
Sediment (dirt) is one of our area’s top pollutants to our waterways. Sediment typically comes from construction sites that either have falling erosion control measures in place, or no measures in place at all. Without them, sediment will leave construction sites during rain events, run into the nearest storm drain, and turn our streams a muddy, orange color. This discoloration makes the water turbid and unsuitable for aquatic life to survive.
If you see a stream that is discolored or see someone putting their yard waste in a storm drain, report it by calling 3-1-1 or by using the CLT+ app. You can also help by becoming a Storm Water Services volunteer. We have several volunteer events and educational opportunities year-round. We also have our annual Creek Week celebrations happening March 20-27. For more information visit StormWater.CharMeck.org or follow us on social media (@StormWaterCM).

Senior News For Seniors 60 and over!
Mecklenburg County Senior Nutrition is Doing a “GRAB AN GO MEAL SERVICE” at Pine Valley Center, 1700 Long Leaf Dr. Charlotte NC 28210. Pick up a free meal from 10:00 to 10:45. Be sure to be registered first. Contact Yvonne Pauling at 980-287-6116 or Shelia Douglas at 704-496-1189 to register today. Stay Safe! Enjoy the Holidays Senior Nutrition Pineville!
With the arrival of the New Year, there is no better time to focus on your health and wellness goals. Research shows that setting goals is still the best way to get results. People who set goals are much more likely to achieve them than those who don’t. Pineville Parks and Recreation offers citizens endless opportunities to achieve your fitness and wellness goals at our indoor/outdoor walking tracks, playgrounds, gym, fitness room, fitness classes, athletic fields, and more. For more information on our health and fitness opportunities check out our website www.pinevillenc.gov or call 704-889-2400.

PPR NEW YEAR HEALTH TIPS: Move Your Way. Exercise by engaging in activity you enjoy. New exercise recommendations call for 150 minutes of moderate intensity aerobic exercise per week and two days of muscle strength activity. Reduce sugar in your diet. Prediabetes is on the rise. Read labels and be aware of sugary drinks. American Heart Association guidelines for women are 6 teaspoons of sugar a day and 9 for men. The Mayo Clinic recommends only 10% of your total daily calories be sugar.

CARDIO FUNK WITH LEM HOUSTON!!
Where: Belle Johnston Community Center Gym
When: Tuesdays from 6:30pm – 7:30pm
Cost: $5 drop -in
When in Doubt, Shake it out!!! Cardio Funk is a high energy Hip Hop dance fitness class that is mixed with a lot of Funk. What's better than getting fit and having a great time? Cardio Funk will bring out the dancer in you with its easy to learn dance moves. Within minutes of dancing, you will feel yourself laughing and having tons of fun. This class is a great way to move your body in ways you have never done before. It's more than a workout; it's an experience of a lifetime. Cardio Funk is a cardiovascular fitness class that also tones and firms your muscles. It will target areas such as the lower body, upper body, and core. You will have such a great time dancing that you will not realize you are working out. With this class, you will get easy to learn choreographed dances, a combination of fun music, and an enjoyable atmosphere. No dancing experience is required. My favorite slogan is “When in doubt, shake it out. If you don't get it, make it up” . So if you love to dance and have fun, come join us for a Funky Good Time.

FITNESS EQUIPMENT/WEIGHT ROOM & INDOOR WALK/RUN TRACK
Hours: Monday – Friday - 7:00am – 8:45pm
Sat. 8:00am-5:45pm
Sun. 1:00pm-5:45pm

BASKETBALL - At press time we are only allowing individual play, no 1 on 1 or games.

OPEN GYM – Residents may bring up to 3 guests during open gym hours (check website, facebook or call community center 704-889-2400). The fee is $5.00 per guest. Residents are responsible for the conduct of their guests and will be disciplined according to previously established park guidelines.

Our Group Fitness classes are a great way to get a work out in while meeting new people.

YOGA - Location: The Hut, 413 Johnston Drive
MONDAY – INSTRUCTOR: RACHEL HENDERSON
3:45-4:45 – Gentle Flow Yoga
This class is great for beginners and those seeking to unwind and find balance to kick off your week.
5:00pm - 5:25pm – Body Weight Workout
This 25 minute exercise class will use your body weight to promote bone and muscle health. Exercises are focused to tone and balance your joints and muscles. Each session includes a yoga pose breakdown to aid your yoga class experience.
5:30pm - 6:30pm – Challenge Yoga
Ideal for beginner- to -the intermediate students. Bring your mat or use one of ours and join us for a yoga sequence designed to balance your body and mind.
THURSDAY – INSTRUCTOR: RACHEL HENDERSON
5:00pm - 5:25pm – Body Weight Workout
This 25 minute class is structured to activate key muscle groups and stabilize joints for injury prevention. Each session includes a yoga pose breakdown to support your yoga practice.
5:30pm - 6:30pm – Beginner Yoga and Deep Stretch
An ideal space for those curious about yoga and anyone interested in balance and flexibility. This class is ideal for beginners. Intermediate yoga students encouraged to participate in this fundamental focused class. The 2nd Thursday of each month will be Deep Stretch taught by Jaime McCaughna.
Cost: $5 drop in fee • Updates posted on Facebook and Instagram: Ignite Wellness Physical Therapy
For more info contact Rachel (Thiel) Henderson; rachel@ignitemke.com
SENIOR EXERCISE  CLASSES ARE CURRENTLY TAKING PLACE ON ZOOM. PLEASE CONTACT LORRAINE HAYNES AT 678-575-0152 FOR MORE INFORMATION

Come and experience an exercise program that will help you continue to be independent. This is a great opportunity to meet and make new friends. There are classes that fit your needs, whether it is strength and balance, flexibility, cardio or line dancing — there is a class for you! For a description and schedule of the classes, check out the website: fitseniors.org

The classes are free or discounted for the following Medicare programs: Optum Fitness Advantage, Silver Sneakers, Silver & Fit, Be Well Program (AARP Medicare Supplemental). Not to worry if you are not a member of the above programs, the fee is $5/day. Come out and join the fun while continuing your life journey for good health. Should you have additional questions contact Lorraine Haynes at 678-575-0152.

BOOTCAMP WITH LIA  Participants bring their own weights, mats and water. There is no requirement on how heavy weights are. It can be whatever weight participants are comfortable with using for an hour. Bootcamp with Lia is a multi-format bootcamp for people of all fitness levels, where we do everything from high intensity interval training, weight training, fun games that keep things interesting, and I even include a partial stretch day every other week. You’ll be among a group of fun and motivating people that will keep you motivated and keep you accountable during and after workouts. All fitness levels are welcome, as there will be ways to modify all exercises so that every person can participate and get a good workout.

About the trainer: I am a native Charlottean that has been training for 2 years in bootcamp settings. I love all things health and fitness and got into fitness with the intention to help as many people as I can to reach their fitness goals and to lead healthier lives through fitness and wellness. For the month of January - When you sign up for a new membership, you will receive 2 weeks free! This special will run through January 22, 2021.

Location: Pineville Lake Park lower pavilion beside playgrounds
Days/Time: Monday/Wednesday/Friday (5:15am-6:15am)
First week after Jan 22, 2021: FREE
Single Class: $10  • 5 Classes: $40  • Unlimited Monthly: $99
To register, contact Lia Woods at 704-451-6790
Email: lgwoods4610@gmail.com

PICKLEBALL AT THE BJCC GYM
Ages 12 and Up! Pineville Parks and Recreation offers Open Gym Pickleball. BEGINNERS ARE WELCOME!!! Instruction is available.

Mon: 9:00am-12:00pm  •  Fri: 9:00am – 12:00pm
Cost: Free to Pineville Residents (must show resident card) $2.00 Non-Resident Fee
You must bring your own paddle. Balls will be provided. Limited to 10 players per day. You must sign up to play at this website:
www.SignUpGenius.com/go/30E0A4BAA62AA0FB6open

FREE CHARLOTTE BALLET SENIOR ADULT DANCE CLASSES
Offered weekly on Tuesdays and Thursdays via zoom!
Join Charlotte Ballet as we are now offering FREE online dance classes through February 2021!
Open to all skill levels! Classes are sponsored by Culture Blocks—a community partnership funded by Mecklenburg County.

Adult Senior Dance Class:
Tuesdays (1pm – 2pm) and Thursdays (10:30am - 11:30am)

For questions, please contact Kimberly Pereira, Education Manager directly at kpereira@charlotteballet.org or 704.414.2775 if you have any questions.
Pineville Parks & Recreation will offer an 8 week SUMMER CAMP (June 14th-Aug. 6th) for rising 1st graders thru 12 years old. Camp Hours are 7:30am – 2:30pm, after-camp care from 2:30pm-6:00pm for an additional fee. Registration for Pineville residents will begin on February 1st, non-residents who’s child attended camp last year can register on Feb. 15th, and non-residents (new camper) on March 1st. Cost: $75.00/Pineville Resident, $95.00 non-resident (cost includes: 1 field trip, 5 afternoon snacks, and 1 lunch per week). We do offer sibling discounts. After camp care: $30.00/Pineville Resident, $40.00/ Non-Resident. Registration forms are available online at www.pinevillenc.gov or at the Belle Johnston Community Center. For more info call 704-889-2400.

EXPLORE THE ARTS

PAINT CLASSES Masterpieces by You
Paint your own masterpiece with instructor Sharon Csiszer. All classes will be held in the dining room. The maximum number of participants will be 10 for each class. Cost: $10.00 resident of Pineville/ $15.00 non-resident. Please stop by the community center to pay and register for this class. 704-889-2400.

GRAB & GO KITS
What is a reCREATE Grab & Go Kit? It’s a box or bag full of crafts, games, digital links to educational videos and movies, suggested family field trips, treats, etc. that are fun for the whole family and will keep your children entertained for hours! Each box or bag varies each week. Each Grab & Go Kit will include instructions, supplies and a list of any additional supplies needed. Limited kits will be available. One kit per child. Check out our Facebook page (Pineville Parks and Recreation) and Instagram (pinevillencrec) for more info, pick-up dates and times.
FAMILY DISNEY TRIVIA (VIRTUAL)

January 22nd (6:30pm – 8:30pm)
Calling all Disney buffs!
Family teams (2-6 people) are invited to participate in a magical night of virtual Disney trivia. Advance registration is required. Please call 704-889-2400. After you sign up we will send you an email on how to log into this event. Prizes will be awarded to 1st and 2nd place teams. This is a free event!

Due to Covid restrictions at press time we are not able to set dates yet due to the indoor limit of 10 people. Check out our Facebook page (Pineville Parks and Recreation) and Instagram (pinevilleparknrec) for dates.

BINGO NIGHT

6:30pm – 8:30pm
Join us for a FREE fun filled night of Bingo with the family at the Belle Johnston Community Center. Play not only for fun, but also for the chance to win prizes. Upon arrival each participant will receive one bingo card to use for the night. We will NOT be serving refreshments, but you are welcome to bring your own. Doors open at 6:15pm. Starting at 6:30pm we will begin the first round. This is a great way to spend time with family and friends doing something fun on a Friday night. This event is open to both residents and non-residents, so bring all your family and friends, and join us for a night filled with family fun. Registration is required (limited space available). Sign up by calling 704-889-2400. This program is for all ages- youth 11 & under must be accompanied by an adult.
Events

 DRIVE - THRU SENIOR EVENTS

We miss our Senior Citizens!

JANUARY: We are inviting all seniors (60+) to celebrate National Popcorn Day on January 19th from (9am-11am). Drive up to the front of the community center and you will get a bag of popcorn to enjoy! You do not have to register for this Free event.

ANNUAL SENIOR CITIZENS VALENTINES BANQUET IS CANCELLED DUE TO COVID - 19

FEBRUARY

Senior Valentine Drive – Thru Lunch We will celebrate our seniors (ages 60+) by doing a drive thru boxed lunch. Lunches will be handed out on February 12th from 11am – 1pm. You must register no later than Friday, February 5th by calling 704-889-2400.

MARCH

We are inviting all seniors (60+) to celebrate National Pound Cake Day on March 4th from (9am – 11am). Drive up to the front of the community center and you will get a slice of pound cake to enjoy! You do not have to register for this Free event.

COOKIE DECORATING CLASS

January 14th/Thursday (6pm – 8:30pm)  
Theme: Baby It’s Cold Outside
January 23rd – Saturday (2pm – 4:30pm)  
Theme: Baby It’s Cold Outside
February 11th - Thursday (6pm – 8:30pm)  
Theme: True Love
February 20th – Saturday (2pm – 4:30pm)  
Theme: TBD
March 11th - Thursday (6pm – 8:30pm)  
Theme: Lucky Irish
March 20th – Saturday (2pm – 4:30pm)  
Theme: TBD

Pineville Resident: $15.00/ Non – Resident $20.00

Check out our website (pinevillenc.gov), Facebook page (Pineville Parks and 19Recreation) and Instagram (pinevilleparknrec) for more info, dates and times. Also, Check out Be Good Cookies, LLC on Facebook for pictures of previous classes and home decorating parties.

PLEASE JOIN US AS WE SOCIAL DISTANCE AND SET SAIL!

You are invited to come and watch or try your hand at sailing radio control model sailboats at Pineville Lake Park. WHEN: We have sail days (practice races and tune-ups) on most Wednesdays and Sundays from 10:30AM to 12:30PM. We have race days on most Saturdays from 10:30AM to 12:30PM. Occasionally we will host intra-club and/or regional Regattas at our site too.

WHAT: You can sail any boat with us during sail days (Wednesdays and Sundays) but we race the Kyosho Seawind on race days (Saturdays and Regattas). The SeaWind Readyset comes with pre-painted ABS hull in a blue-white color scheme and rigged ready to assemble with installed electronics and a 2.4 Ghz radio. The SeaWind Readyset can be purchased at discounted prices on Amazon.com and other online stores. The quality of design and fittings continue to make the SeaWind an excellent fleet boat with enough performance potential to satisfy even the most discriminating skipper. The SeaWind COA has demonstrated a strong organization with active fleets in all AMYA Regions and an active annual program of Regional and National Championship Regattas. The Class Rules tightly control the boat elements to ensure new skippers are not faced with a costly refit to be competitive while allowing minor modifications to rigging (materials and adjustment methods) to facilitate tuning and to the hatch cover to ensure watertight integrity.

Many of our members also have Dragon Force 95’s and EC-12 Class boats so whatever you may have, come join us. If you do not have a boat and would like to try your hand or see if this is something you may like to try, we have club boats available for you to sail prior to making any investment.

If you are interested in having some fun and making new friends contact us via our website: www.queencitymyc.com or by email at: qcmyc342@gmail.com or stop by.

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• • • Look for Field Trips • • •

to return in 2021

We are so excited to take some fun trips on our new mini bus!

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This year has been very challenging for Parks and Recreation due to the pandemic. We had to get really creative on how to continue to offer programs and events to our community. Starting with our summer camp, we had to develop games and activities to keep the kids entertained as well as keep them safe. We came up with “noodle tag”. Using Styrofoam pool noodles, the kids could still play the game using the noodle to tag someone with, while continuing to remain a safe distance from each other. We are proud to say we got through this summer Covid free!

Drive-In Music Bingo took the place of regular BINGO that’s normally held inside the center.

We also set a library cart outside the doors of the community center every day for the public to check out books.

reCREATE Grab & Go kits have been a huge success. We wanted to offer an “at-home” option for kids to enjoy an activity or craft project since they were not in school. All parents had to do was drive up to the center, collect the kit and go. We have been providing these kits weekly since summer camp ended.
Reflecting on 2020

2nd Annual Pumpkin Flotilla
October just wasn’t the same without FallFest, but we were still able to offer a couple of Fall Events for the public to enjoy. Our 2nd annual Pumpkin Flotilla was another popular event that we put on, as well as a Drive-In Halloween movie co-hosted by Pineville Church of the Nazarene. Our seniors were able to enjoy a hot cup of coffee and fresh brownies when we offered a Drive-Thru on National Brownie Day.

Light the Night Drive–Thru Holiday Event
We ended the year with several holiday events, including scavenger hunts, a virtual gingerbread house decorating contest and a special mailbox set up for anyone wanting to send letters to Santa. Instead of our usual Tree Lighting Event, Pineville Parks and Recreation sponsored, “Light the Night” where cars drove thru the BJCC parking lot enjoying holiday lights and entertainment and collecting goodies along the way like s’more and hot chocolate kits, reindeer food and craft bags. Our special mailbox was almost full by the end of the night with lots of letters to Santa, but at the end of the line, everyone was treated to a glimpse of good ole Santa himself!
**TRASH/RECYCLE REMINDERS**

- Two rollout containers are provided to each household – one for trash (green) & one for recycling (blue).
- Regular household trash is picked up each Wed.; recycling is picked up every other Wed. except during major holiday weeks where pickup is delayed by one day.
- Large/bulky items must be scheduled with Waste Pro; call 1-980-255-3800. Also, residents can go on to the town’s website at: www.pinevillenc.gov and enter requests or schedule pickups under DEPARTMENTS/Public Works, Trash.
- Absolutely no construction debris will be picked up; no TV’s, computers or related electronic equipment can go into landfills per state law.
- These items can be dropped off at the Fox Hole Recycling Center located at 17131 Lancaster Hwy. (704) 341-4962.
- Carts should be placed at the curb by 7:00 am on the day of pickup & retrieved & stored out of sight within 24 hours of pickup.

**2021 TRASH/RECYCLE CALENDAR**

- Household trash, recycle, bulk & yard waste
- Household trash, bulk & yard waste
- Major holiday; pickup may be delayed by one day

Major Holidays: Jan. 1; May 31; July 4; Sept. 6; Nov. 25; Dec. 25
We ended this year on a very happy note. Below are pictures of the ground-breaking for the new Town Hall/Library building. The day started out with heavy rain dampening everyone's spirits but not for long. By the time these photos were taken, the sun was shining almost as brightly as the smiles on Council Members' faces.

By 4:00 p.m. on Monday, December 14, 2020, the sun was shining and ground was broken to signal the start of construction of a new Town Hall/Library building on the site next to Pineville Police Headquarters. From left to right: Council Member Joe Maxim, Council Member Amelia Stinson-Wesley, Town Manager Ryan Spitzer, Mayor Jack Edwards, Mayor Pro Tem Melissa Davis, Town Clerk Barbara Monticello and Council Member Les Gladden.