So, exactly what have we been doing? As you may know, by law, the town must adopt a new budget for the next fiscal year by July 1st. Your Council has been busy the last several months meeting through ZOOM and in person when necessary (practicing the required social distancing precautions, of course) to put a new budget together by July 1st. This was no easy task given the unknown impacts the pandemic will have on current and future budgets. It's not like businesses plan for a pandemic and put money aside in their budgets in case it happens, so what may have started out looking like a good year for some, may turn out to be a devastating one for many.

A lot of what was planned for the upcoming year had to be eliminated altogether from the budget or deferred until later in the year when a “temperature check” of the economy and our revenues is taken to see if we can proceed with those plans. The framework of the budget we started with in January looked much different than the budget adopted in June by Council. With that said, it's good to know that the property tax rate for the town did not increase. It remains at $0.33 per $100 of valuation. Nor did electric or internet rates increase for the coming year. A lot of our normal Parks and Recreational programs have been cancelled because of concerns over the virus, including the ROCKIN’ & REELIN’ Concerts and Movies that we normally schedule throughout the summer. And, unfortunately, the SPLASH PAD remains closed until further notice as well.

Our JUNK WEEK normally held in April has been postponed. Many of you have been calling in to see if it has been rescheduled. No new week has been determined as yet as there are still too many concerns. Once we have determined it is safe to proceed, the dates will be posted on our website and the town's Facebook page. We have, however, rescheduled the SHRED IT EVENT that we had planned for April. The new date for this event will be Saturday, September 19, 2020. From 9:00 a.m. until noon, Pineville residents will have the opportunity to take personal documents to the Town Hall location (200 Dover St.) where a truck will be parked, your boxes taken and shredded right there on site. (SEE BACK PAGE).

Another change for the coming year will be how NEWS is delivered to you. We know that “getting the word out” to some of you continues to be a challenge since the newsletter is not being mailed to individual homes anymore. We have tried putting stacks of newsletters in multiple locations throughout town so that residents can pick them up at their leisure, but there are still some that have difficulty getting about so we have come up with another option.

Starting in September/October, important news and/or events that we want residents to know about will be communicated inside their monthly Pineville Electric bills. If there are only one or two important items we want to communicate to you, those will be written directly on the bill itself in the NOTES section. If there are multiple things we need to let you know about, there will be an 8½ X 11” separate page insert included in with the bills. NEWS will be communicated to you this way each month, in addition to the postings on our website and Facebook pages.

We will continue to produce a newsletter quarterly in January, April, July and September that will highlight the Parks and Recreation programs and events that are being offered for that quarter. Of course, if there is any other important news to tell you about, it will be listed in that issue as well. Batches of the newsletter will be distributed to following locations where residents can pick up a copy:

- Pineville Town Hall • 200 Dover Street
- Pineville Electric/Telephone • 118 College St. (next to Pineville Post Office)
- Belle Johnston Community Center • 1000 Johnston Dr.
- Dorchester Lobby
- Cottages Club House
- Willowhurst Community
- President James K. Polk Site Lobby

We hope that by taking these measures, it will help to get more information out to more people. Have a happy and SAFE summer.
A PUBLIC MEETING FOR THE EXPANSION OF LAKE PARK AND SUPPORT OF THE LAND AND WATER CONSERVATION FUND (LWCF) GRANT TO ACQUIRE PARCEL #22109101.

WHEN: THURSDAY, JULY 16 AT 6:30PM
WHERE: LAKE PARK SHELTER 909 LAKEVIEW DR.

The Town of Pineville Parks and Recreation Department will conduct a public meeting on July 16th, 2020 at 6:30PM at the Lake Park Shelter, 909 Lakeview Dr., Pineville NC. The Town of Pineville Parks and Recreation Department intends to submit an application for an LWCF Grant in the amount of $175,000.00 to acquire Parcel #22109101, located at 0 Lake Drive, Pineville NC for the expansion of Lake Park. The following is a tentative list of proposed activities for the project: natural surface trails w/conservation boards, fitness loop, shelter/environmental education classroom and a natural play area. The proposed project will provide benefits to all residents of the Town of Pineville. If we receive this grant, we will expand Lake Park at the end of Lake Drive and provide the citizens of Pineville with a passive recreation area featuring trails, a shelter to be used for environmental education, a fitness loop with outdoor fitness equipment and a natural play area. Citizens will be given the opportunity to provide comments at the Public Meeting. Formal written comments concerning the application process can be submitted to the Town of Pineville prior to the public meeting and will be responded to within ten working days by Town staff. Comments can be directed to parknrec@pinevillenc.gov or mailed to PO Box 249, Pineville, NC.

REPORT GARbage ISSuES ONLINE
Residents can also report Garbage issues online as well, utilizing a link to Waste Pro’s TracEZ program from the town’s website. Visit the town’s website at: www.pinevillenc.gov. From the home page, hover over the DEPARTMENTS TAB and click on Public Works. On the left-hand side of the Public Works page, click on Garbage Collection and towards the bottom of that page there are 3 separate links to report:

- Complaints
- Compliments
- Requests for Service

Information entered on these links goes directly to Waste Pro. Customers can also call Waste Pro directly at 1-980-255-3800.

STORM WATER NEWS
In the past year, Charlotte-Mecklenburg Storm Water Services (CMSWS) has received numerous calls from the residents of Pineville to report pollution issues. Of these calls, the main problem reported involved sewage leaks and overflows. Sewage in our streams and lakes not only poses a human health risk due to harmful pathogens and viruses, it can also deplete oxygen in the water which results in fish kills and other impacts to aquatic life. Sewage in a stream may not always appear obvious. Here are some hints to look for that might indicate a possible problem:

- Sewage / rotten egg odor
- White, fluffy growth on rocks and substrate
- Soap suds
- Detergent odor
- Toilet paper or other sewage solids
- Dead fish or other aquatic organisms
- Gray or another unusual stream color

Sewage can get into our waterways through overflows from blocked sewer lines, failing pump stations and septic systems, and broken sewer lines. Sewer line overflows typically happen whenever pipes get clogged. Grease, diapers, and wipes have been identified as being some of the most common causes of overflows. These items should never be disposed of in the toilet or down a sink. If you see, smell, or suspect a sewer discharge, call 3-1-1 and a CMSWS staff member will be dispatched to investigate. Help us keep Pineville’s streams and lakes clean and safe for everyone to enjoy! More information about stormwater pollution prevention and how you can volunteer to help can be found at www.StormWater.CharMeck.org.
WATCH THE SUN.

1. STAY COOL. Heat-related illness is serious. But that doesn't mean you need to stay indoors all day. Drink lots of water, wear loose fitting clothing and exercise in the early morning or evening to keep your body temperature in check. Know the warning signs of heat exhaustion and heat stroke, and find a cool place to lie down if you don't feel well. Keep these summer wellness tips in mind this season!

2. EAT FRESH. One of the best things about summer is access to fresh and health fruits and vegetables. Better yet: many of summer's fruits and vegetables are brimming with health benefits. Use this time to focus on eating your colors -- Fresh corn has natural antioxidants and benefits for your eyes, tomatoes contain lycopene and may protect your skin from sunburn, watermelon keeps you hydrated, and raspberries are a great source of fiber--some of it soluble in the form of pectin, which helps lower cholesterol.

3. STAY COOL. Heat-related illness is serious. But that doesn’t mean you need to stay indoors all day. Drink lots of water, wear loose fitting clothing and exercise in the early morning or evening to keep your body temperature in check. Know the warning signs of heat exhaustion and heat stroke, and find a cool place to lie down if you don’t feel well. Keep these summer wellness tips in mind this season!

ATTENTION PINEVILLE RESIDENTS: If you live within the city limits of Pineville and pay your taxes to Pineville, then you may use the Belle Johnston Community Center for FREE (fitness equipment, track, and basketball court). But first you need to get your resident card made. We will need proof of residency in the form of a photo ID with current address and a recent bill (ex. gas, electric, telephone). You will have to renew your card every year.

Pineville Parks and Recreation offers citizens endless opportunities to achieve your fitness and wellness goals at our indoor/outdoor walking tracks, playgrounds, gym, racquetball court, fitness classes, athletic fields, and more. For more information on our health and fitness opportunities check out our website www.pinevillenc.gov or call 704-889-2400.

OPEN GYM The gym is currently closed but when it does reopen, residents may bring up to 3 guests during open gym hours (check website, Facebook or call community center 704-889-2400). The fee is $5.00 per guest. Residents are responsible for the conduct of their guests and will be disciplined according to previously established park guidelines.

FITNESS EQUIPMENT/WEIGHT ROOM & INDOOR WALK/RUN TRACK

Hours: Mon. – Fri. 7:00am – 8:45pm
Sat. 8:00am - 5:45pm
Sun. 1:00pm - 5:45pm

Our Group Fitness classes are a great way to get a work out in while meeting new people. Please check our website for updates when all fitness classes will start back! www.pinevillenc.gov.

CARDIO FUNK WITH LEM HOUSTON!

Classes will resume in late August if we have moved to Phase 3 of the Covid-19 Reopening Plan
Where: Belle Johnston Community Center Gym
When: Tuesdays from 6:30pm – 7:30pm
Cost: $5 drop-in

When in Doubt, Shake it out!!!

Cardio Funk is a high energy Hip Hop dance fitness class that is mixed with a lot of Funk. What’s better than getting fit and having a great time? Cardio Funk will bring out the dancer in you with its easy to learn dance moves. Within minutes of dancing, you will feel yourself laughing and having tons of fun. This class is a great way to move your body in ways you have never done before. It’s more than a workout; it’s an experience of a lifetime. Cardio Funk is a cardiovascular fitness class that also tones and firms your muscles. It will target areas such as the lower body, upper body, and core. You will have such a great time dancing that you will not realize you are working out. With this class, you will get easy to learn choreographed dances, a combination of fun music, and an enjoyable atmosphere. No dancing experience is required. My favorite slogan is “When in doubt, shake it out. If you don’t get it, make it up”. So if you love to dance and have fun, come join us for a Funky Good Time!
SENIOR EXERCISE

Classes are currently being held via ZOOM. Contact Lorraine Haynes at 678-575-0152 for more info.

Come and experience an exercise program that will help you continue to be independent. This is a great opportunity to meet and make new friends. There are classes that fit your needs, whether it is strength and balance, flexibility, cardio or line dancing — there is a class for you!

For a description and schedule of the classes, check out the website: fitseniors.org

The classes are free or discounted for the following Medicare programs: Optum Fitness Advantage, Silver Sneakers, Silver & Fit, Be Well Program (AARP Medicare Supplemental)

Not to worry if you are not a member of the above programs, the fee is $5/day. Come out and join the fun while continuing your life journey for good health. Should you have additional questions contact Lorraine Haynes at 678 - 575 - 0152.

PICKLEBALL

Pineville Parks and Recreation offers Open Gym Pickleball for ages 12 and Up! BEGINNERS ARE WELCOME!!! Instruction is available.

Mondays: 9:00am – 12:00pm
Wednesdays: 12:30pm – 2:30pm
Fridays: 9:00am – 12:00pm

Cost: Free to Pineville Residents (must show resident card) • $2.00 Non-Resident Fee

Equipment is provided but you may bring your own as well!!! You must sign up to play at this website. Limited to 14 players per day. Sign up online at: www.SignUpGenius.com/go/30E0A4BAEA62A0FB6open

Please check our website for dates that we will be offering pickleball. www.pinevillenc.gov.

YOGA CLASSES

At The Hut, 413 Johnston Drive

Classes will resume in late August if we have moved to Phase 3 of the Covid-19 Reopening Plan.

MONDAY – INSTRUCTOR: RACHEL HENDERSON

3:45pm - 4:45pm • YOGA FOR EDUCATORS

This school season yoga class is focused to support area teachers. Come right after school to unwind and find balance to kick off your school week.

5:00pm - 5:25pm • STRENGTH TRAINING

This 25 minute exercise class will use dumbbells and/or your own body weight to promote bone and muscle health. Bring a set of dumbbells or borrow a set of ours and join us for some fun while sculpting and maintaining your muscle.

5:30pm - 6:30pm • YOGA INTERMEDIATE

Ideal for the beginner- to -the intermediate student. Bring your mat or use one of ours and join us for a yoga sequence designed to balance your body and mind.

THURSDAY – INSTRUCTOR: RACHEL HENDERSON

5:00pm - 5:25pm • FUNCTIONAL WEIGHTLIFTING

This 25 minute class is structured to activate key muscle groups and stabilize joints for injury prevention.

5:30pm - 6:15pm • YOGA BASICS

An ideal space for those curious about yoga and anyone interested in balance and flexibility. This class is ideal for beginners. Intermediate yoga students encouraged to participate in this fundamental focused class.

Cost: $5 drop in fee

Updates posted on Facebook: Ignite Wellness Physical Therapy
For more info please contact Rachel (Thiel) Henderson; rachel@ignitemke.com

PATTON’S BOOT CAMP

Classes are currently taking place outside. Contact Audrey Patton for more info at 904-982-0383. Our 55-minute sessions include a dynamic warm-up, workout, metabolic meltdown finisher, then a cool-down, and stretching period. Each participant works out at their own pace within the group.

Pineville’s Bootcamp instructor, Audrey Patton is a nationally certified personal trainer who will keep it fun and challenging while making modifications for individuals which makes the training more personalized. Each training day, or workout, includes a run or cardio component, a resistance or strength-training component and a core-training component. Each component is designed to focus on speed, agility, power, strength, or endurance. Many of the exercises rely on body weight, but we also utilize equipment such as dumbbells, resistance bands, agility ladders, a partner’s body weight, and other natural and man-made aspects of the park like stairs, benches, hills and the parking lot. Our training weeks are designed so that there is minimal overlap in training different muscle groups. This allows for greater recovery and a highly efficient approach to achieving balanced, total-body fitness. Moving through each 4-week session, we gradually increase the training intensity and volume to keep up with your body as it adapts to the training, ensuring that you’ll receive the most out of every week you train. This is a year-round program that delivers results while keeping it challenging, safe, sustainable, interesting, and fun for participants. Location: Lake Park – 1000 Johnston Dr., Pineville

Days/Time: Monday/Wednesday/Friday (5:15AM – 6:15AM)

FIRST WEEK FREE /Cost: Single Rate: $10 per class / 5 Classes: $45 / Unlimited Monthly Rate: $99

Audrey Patton – 904-982-0383 – email: pinevillesbootcamp@yahoo.com
PRESCHOOL OPEN GYM TIME
Will resume in late August if we move to Phase 3 of the Covid-19 Reopening Plan.
For Ages: 5 years old and under. Meet new friends and join the fun at the Belle Johnston Community Center Gym. We will provide plenty of things to play with and climb in, around and over.
Wednesdays from 9:00am – 12:00pm
Come play with us, it’s free! This is a parent supervised activity. Please check our website for dates that we will be offering preschool open gym. www.pinevillenc.gov

CHAMPIONS IN MOTION
Please check the town’s website at: www.pinevillenc.gov for up-to-date information on SELF DEFENSE & CHEERLEADING CLASSES
Call (980-237-4738) or visit: championsinmotion.org

SELF-DEFENSE/KARATE
CHEERLEADING

CREATE-A-CLASS
Do you have a special interest that you would like to share with others in a class?
Do you know someone who can share an interesting subject or craft?
Contact Heather Creech our Recreation Program Coordinator at 704-889-2400.

COOKIE DECORATING CLASS
Please check our website for dates that we will be offering the cookie decorating classes. www.pinevillenc.gov
Also, check out BE GOOD COOKIES, LLC ON FACEBOOK for pictures of previous classes and home decorating parties.

YOUTH CLASSES AND ACTIVITIES
FALL YOUTH SOCCER
Will resume when we move to Phase 3 of the Covid-19 Reopening Plan. We will take registrations but no payments will be collected until the program has been given the OK to resume.
KICKIN’ IT IN PINEVILLE - YOUTH SOCCER LEAGUE
Co-Ed Ages: 3-7
Registration: Please check website: www.pinevillenc.gov
Registration form is available at www.pinevillenc.gov or Belle Johnston Community Center. Register at Belle Johnston Community Center, or mail to: PO Box 249, Pineville NC, 28134, or email to: ehamilton@pinevillenc.gov.
Registration Fee: $50 Pineville resident (must show proof of residency), $75 non-resident
Price includes uniform jersey, shorts, socks, and trophy.
VOLUNTEER COACHES ARE NEEDED FOR EACH TEAM!!!
For more information please email: ehamilton@pinevillenc.gov or call 704-889-2255

QUEEN CITY MODEL YACHT CLUB
Please Join Us as we Social Distance and Set Sail!
You are invited to come and watch or try your hand at sailing radio control model sailboats at Pineville Lake on Wednesday and Sunday mornings from 11:00am to 1:00pm. Club racing is on Saturday mornings. The Queen City Model Yacht Club No. 342 (QCMYC) was founded April 12, 2015 and is a sanctioned member of the American Model Yachting Association (AMYA). AMYA is composed of some 30 classes of boats in 7 Regions with hundreds of clubs across the United States and several countries. If you are interested in having some fun and making new friends contact us via our website at: www.queencitymyc.com or by email at: qcmyc342@gmail.com or stop by.

CHARLOTTE BALLET PRESENTS FREE LATIN LINE DANCING CLASSES
Will resume late August if we have moved to Phase 3 of the Covid-19 Reopening Plan.
LOCATION: Belle Johnston Community Center
FOR MORE INFO: Contact Shannon Fraser: sfraser@charlotteballet.org or call 704.414.2774. Latin Line Dancing explores the Caribbean dance styles of Salsa, Bachata and Merengue in a fun and energetic dance environment. The class is open to all ages and no previous dance experience is required. Please check our website for dates that we will be offering the Latin Line Dancing Classes. www.pinevillenc.gov.
**FIELD TRIPS**
Please check the town’s website, www.pinevillenc.gov, for updated field trip info.

**EXPLORE THE ARTS**
**PAINT CLASS**
Please check the town's website, www.pinevillenc.gov, for updated information on Painting Classes.

**SUPPORT OUR LOCAL FARMERS!!!**
**DOWNTOWN FARMER’S MARKET**
Located at Pineville’s Town Hall Parking Lot
@ the Corner of Main Street & Dover Street

**FARMERS MARKET**
Every Saturday May - Sept
8 am - Noon

**NEW DATE!**
**SATURDAY, SEPTEMBER 26**
7:00am – 12:00pm (set up at 6:00am)
Cost: $10.00 (limit one table per family)

Bring your yard sale items to our annual Fall Yard Sale!

We take care of the advertising, signage, and we’ll even have a charitable organization pick up your unsold items.

LIMITED TABLES AVAILABLE.
Come by the community center to pay and reserve your table!
PLEASE NOTE: DUE TO COVID-19 CONCERNS & RESTRICTIONS, OUR ROCK’N & REEL’N SUMMER CONCERT AND MOVIE SERIES HAS BEEN CANCELLED!

PINEVILLE NEIGHBORSOFFERSASSISTANCE

Financial Assistance: We partner with Crisis Assistance Ministry, other agencies, and local churches to help with rent and utility bills. If you have fallen behind because of the pandemic, NOW is the time to get caught up. There are grants to help with rent that are available on a first come, first served basis. Call (704-972-8722) to get more info and to apply.

Food: Pineville Neighbors Place offers a food pantry with pre-packed bags of groceries on a drive-thru basis. We will be available Monday-Thursday, 9am-12noon and by appointment. If you need groceries, please call us at 704-972-8722 when you arrive in our parking lot. Open your trunk or car door and a volunteer will load your groceries in your car. If you do not have transportation, we may be able to deliver to your home.

We also do referrals to the Loaves and Fishes pantry at Harrison Church, 15008 Lancaster Highway. They offer a drive thru pantry each Thursday at 10am. If you have children 18 and younger, you qualify for free lunches/breakfast with Charlotte Mecklenburg Schools. The closest site is Pineville Elementary. They will be handing out grab and go bags Monday – Friday, 10:30am-12:30pm, June 15-July 31. If you do not have transportation to pick up these meals for your children, we have volunteers who will deliver. Please sign up on our website pinevilleneighbors.org or call our office.

TOWN OF PINEVILLE WORD SEARCH PUZZLE

Play this puzzle online at: https://thewordsearch.com/puzzle/